

Happenings*

Minnesota Community Corrections Association

RODDA NAMED TO BOARD

Alyce Rodda, Associate Director of Genesis II for Women, has been named to the MCCA Board of Directors. She will serve as the MCCA'S co-ordinator for insurance plans. Alyce began her employment at Genesis II in September 1979 as a secretary-bookkeeper. She was promoted to Business Manager and in June 1981 became Associate Director.

While attending the University of Minnesota, Rodda served a two year internship in the office of Hennepin County Commissioner Nancy Olkon. In that capacity she wrote a proposal for a job sharing program, through which two county employees could share one position. The program was ultimately funded by a McKnight grant of ninety thousand dollars. After her internship, Alyce received a temporary position with Hennepin County in which she administered a summer internship for local teachers to learn about county government. Her professional background is in accounting and book-



keeping and she will soon finish her requirements for a Bachelor's Degree in Business Administration from Metropolitan State University.

Alyce has also been active in women's politics. She is a member of the Minnesota

Women's Political Caucus which encourages women to seek political office and endorses candidates. She was previously on the board of the Crystal-New Hope League of Women Voters, with a personal emphasis on criminal justice concerns. She feels fortunate in gaining the position at Genesis II which combines her interest in criminal justice and women's issues with her professional management skills. She says it's rewarding to be able to see people change, to know that there is a reason for what you're doing.

Alyce recently purchased a condominium on Lake Calhoun and thoroughly enjoys the lakes while biking, running and cross-country skiing. She also describes herself as a competent square dancer. If given the chance, Alyce would probably be glad to brag about her three children and two "very special" grandchildren.

Board Elects Officers

At its meeting on March 3, 1982, The MCCA Board of Directors elected its officers for the current year. Each year the MCCA membership elects the members of the Board and those members appoint their officers. **Gail Wik** was re-elected for a second term as President of the Board. The Administrator at Freedom House, Gail has been on the Board of Directors for five years.

Jeff Martin, who has been a member of MCCA since its inception and is in his second year on the Board of Directors, was named

Vice President. Martin is a Corrections Program and Policy Monitor for the State Department of Corrections.

Rod Johnson, Director of the Wilder Community Assistance Program, who is serving his first year on the Board of Directors, was named Secretary. **Karole Williams**, a counsellor at Operation DeNovo who is in her second year on the Board was appointed Treasurer. Richard Williams of ReEntry Services was named to the position of Member at large.

UPDATE: INSURANCE COVERAGE

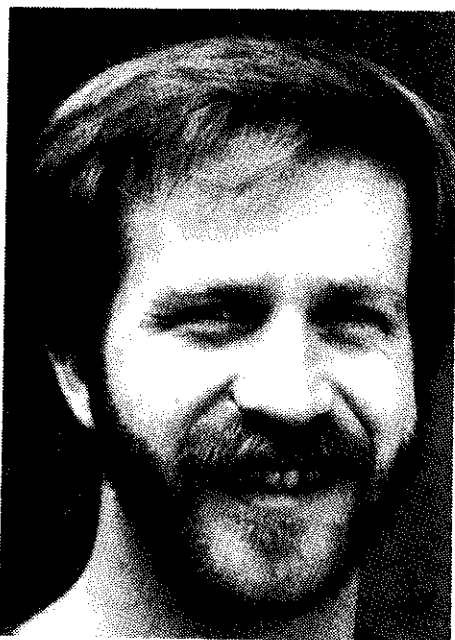
By: Alyce Rodda

A significant benefit of MCCA membership is the opportunity to obtain insurance coverage and benefits at low-cost group rates. We are beginning our second year of purchasing insurance coverage from Travelers Insurance Company. Despite in-

Con't on Page Two

PERSONAL SPOTLIGHTS

MICHAEL McGRANE



Michael McGrane, a Corrections Counselor with the Community Assistance Program in St. Paul, completed his Master of Social Work degree at the University of Minnesota in December 1981. Mike has been involved in corrections work with the Wilder Foundation since March, 1974 when he became a Resident Counselor at Bremer House. When he received his BA degree in Social Work in May 1977, he was promoted to a Group Worker, a position he held until October 1980 when he transferred to CAP.

After Helping the Community Assistance Program get started, Mike has settled into counseling clients individually, in groups and in family settings. He has recently completed the development of a Domestic Abuse Intervention Program with another CAP Counselor, Linda Jandl. Mike has made a significant impact on correctional programming in the Foundation by being very effective in helping clients change, and being innovative in designing and implementing programming ideas.

Mike and his wife Gayle have a one year old daughter, Kindra. In addition to family and work, Mike finds time to be actively involved in the Naval Reserves, breeding dogs and tropical fish, playing on softball teams, downhill skiing in the Winter and spending time at his cabin on Upper Red Lake. Mike has also performed professionally as a member of a contemporary acoustic guitar and vocal duo. Time has not allowed him to follow his musical interests lately, but there

are those who say it's just as well.

Mike has been a member of MCCA since 1976 and is currently serving on the Conference and Training Committee. It's important for community corrections programs to continue to draw and hold quality staff members such as Mike McGrane.

JIM HAMMINK

When people mention the name of Jim Hammink at the Domestic Abuse Project these days, you're likely to hear a mixture of envy and sadness in their voices. It's easy to explain the envy; Jim is leaving for Denmark in June. To understand the sadness, you must know that he is not going to Denmark on vacation, but rather to live and work there. This means that the Domestic Abuse Project is losing a sensitive and talented therapist who is admired and liked by both his clients and his co-workers.

Jim began working at the Domestic Abuse Project in May of 1980. His prior work experience at Stillwater prison and Hennepin County Court Services gave Jim his first experience in working with men who exhibit violent behavior. He quickly adapted this experience and his skills so that he soon became very effective in working with men who batter their partners.

During his first year at DAP, Jim was the men's intake worker and a Self-Help group facilitator. Through his intake work, Jim talked with and screened nearly 600 men who were seeking entry into our program during that year. This alone would have been a staggering task! But Jim also conducted two weekly Self-Help groups for men who batter their partners.

In July of 1981, the Domestic Abuse Project changed the structure of its program so that the Self-Help portion of our program was moved out of the agency and into the community. Jim was responsible for effecting this change for the men's Self-Help groups. He trained graduates of our program to be peer leaders of Self-Help groups in the community, located and trained professional therapists who volunteer their time to co-facilitate these Self-Help groups, and continued to coordinate, contact and train all of these participants in the Self-Help network.

In addition to his work with the community Self-Help program, Jim also conducted men's structured therapy groups, men's process therapy groups, couples' groups, parenting and multi-family groups and private individual, couples and family therapy sessions. Both his group and individual therapy work are characterized by genuine concern, warmth, sensitivity and insight. Jim has always made strong and caring connections with his clients and their families and has extended to them his support in their trying times.

Likewise, Jim has been a valuable co-worker who always can be counted on to do his job and to lend support to his colleagues. He will be sorely missed by clients and staff alike. We'll send Jim on his way with our best wishes for happiness and success, and our plea, "keep in touch!"

UPDATE Con't from Page One

creases in insurance premiums, our policies offer excellent coverage and good service at competitive rates. We are presently awaiting approval to extend insurance benefit opportunities to new MCCA members.

Tom Rider, agent, Stillwater Insurance Company, has been retained to act as liaison between MCCA members and Travelers. Rider reports all MCCA accounts are up-to-date; Travelers Insurance coverage information booklets have been requested and expected to be mailed out by the end of the month.

In addition to health, dental and life insurance, Rider will furnish information on all insurance needs. Information will be forthcoming to each MCCA member offering special rates for Directors and Officers liability insurance. If your agency and board are interested and you have not received any information by the end of the month, feel free to contact Rider at 439-2930.

Other insurance coverage information I have requested is for Professional liability as well as automobile, personal property, bonding and general liability insurance needs. MCCA is committed to obtaining and offering the best insurance coverage to its members at reasonable and competitive rates. If you desire any additional information, please contact me at 348-2762.

Board Of Directors

Gail (Johnson) Wik, President

FREEDOM HOUSE
3020 Lyndale Avenue South
Minneapolis, MN 55408

Willie Bridges

CRIME VICTIM CENTER
3801 Nicollet Avenue
Minneapolis, MN 55409

Bob Elkins

HENNEPIN CTY. COMM. CORRECTIONS
1800 Chicago Avenue
Minneapolis, MN 55404

Rod Johnson

WILDER CAP
666 Marshall
St. Paul, MN 55104

Steve Johnson

SCOTT COUNTY COURTHOUSE
428 South Holmes Street
Shakopee, MN 55379

Jeff Martin

DEPARTMENT OF CORRECTIONS
430 Metro Square
St. Paul, MN 55101

John Mitchell

KATAHDIN, INC.
419 Oak Grove
Minneapolis, MN 55403

Robbie Robinson

180 DEGREES, INC.
236 Clifton Ave
Minneapolis, MN 55403

Alyce Rodda

GENESIS II FOR WOMEN
310 - E. 38th Street
Minneapolis, MN 55409

Karole Williams

OPERATION DENOVO
321 South Third Street
Minneapolis, MN 55415

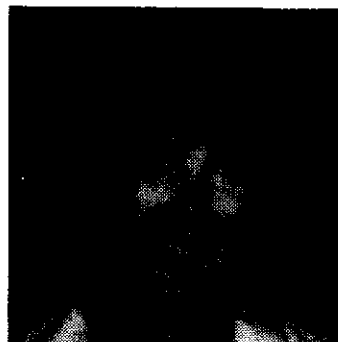
Richard Williams

REENTRY SERVICES
532 Ashland
St. Paul, MN 55102

Tom Zoet

Washington County Court Services
Wash. Cty. Courthouse
Stillwater, MN 55082
439-3220 Ext. 141

We Want You To Know



Gail (Johnson) Wik

Dear Fellow Members:

At our annual retreat in March, the Board decided to pursue the following goals for the current year:

- 1) To sponsor a second annual Mid-winter conference.
- 2) To explore and expand MCCA's insurance offerings to directors and officers liability, professional liability, general liability and employee assistance insurance and maintain its present insurance package.
- 3) To update the MCCA resource directory and a technical assistance directory which will include sources of bartered services.
- 4) To continue and expand lobbying efforts.
- 5) To continue to publish the MCCA newsletter **Happenings** bi-monthly.
- 6) To continue to publish bulletins as needed.
- 7) To discuss the expansion of MCCA membership to the juvenile justice area.
- 8) To initiate a series of training programs for members.
- 9) To seek methods of involving students as participating members.
- 10) To seek the involvement of program directors in an effort to get their participation and the participation of their line staff in the affairs of MCCA.

All of the above are completed or in the planning stages and we are on our way!

Best Wishes,
Gail Wik
President

MINNESOTA COMMUNITY CORRECTIONS ASSOCIATION
666 Marshall Avenue
St. Paul, MN 55104

NAME: _____

PROGRAM/AGENCY: _____

WORK ROLE: _____

WORK PHONE: _____

ADDRESS: _____, ZIP: _____

ADDRESS SHOWN IS: _____ HOME _____ WORK

INDIVIDUAL MEMBERSHIP: _____ \$15 INDIVIDUAL SUSTAINING MEMBERSHIP: _____ \$25

INDIVIDUAL PATRON MEMBERSHIP: _____ \$50 PROGRAM MEMBERSHIP: _____ \$100

PROGRAM SPONSORING MEMBERSHIP: _____ \$300

Make checks payable to MCCA

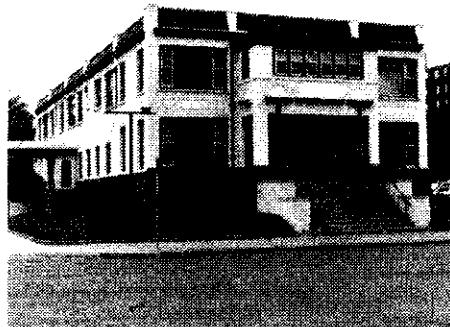
VOA Awarded Work-Release Contract

In April, 1982, the Volunteers of America Residential Center at 2825 E. Lake St, Minneapolis began working with the Minnesota Department of Corrections Work Release clients. This service replaces the Department of Corrections Re-entry program formerly housed at the Salvation Army building. The program has a capacity of 37 beds for men and women. It is the only program in Minnesota of it's type to be accredited by the National Commission on Accreditation for Corrections.

The Center began work release services in Minnesota in May, 1969. It is the first established halfway house in the state. As a pioneer in Minnesota community corrections, the Volunteers of America Residential Center has twice been to court, including the Minnesota Supreme Court, to affirm a place in the community for ex-offenders despite restrictive zoning.

Current program length is 90 days. Emphasis is not on chemical dependency issues, but rather focuses on re-establishing a support system since people who have been incarcerated have been totally or almost totally cut off from this. Program emphasis is to both supply the means and to facilitate the creation and restoration of the support system. For most individuals this translates into objectives centering on employment and social bonds with family and friends, as well as exploration and selection of options in the community which can be of value during the institution/community transition period and for future use. In every instance within this stated framework the agency adheres to the philosophy of individual selfdetermination, personal objective setting, and accountability. It should be noted that the Work-Release program is an extension of incarceration and good time is accrued.

A number of program options are available to the resident during his/her stay at the Volunteers of America Residential Center: Alcoholics Anonymous, Narcotics Anonymous, Emotions Anonymous, Money Management, Job Seeking Skills, Vocational Testing, Recreation, and Resource Specialist - the Center has a specific position established for the sole purpose of helping residents acquire any service that is available in the community. This may include banking,



University and vo-tech enrollment, housing, medical and dental needs, daycare, credit, and various social or counseling services.

OFFENDERS "VOLUNTEER" TO REPAY

By: Mia Olsen

It may be hard to imagine a felon sentenced by the District Court changing toddler's diapers in a daycare center or transporting groceries to homebound senior citizens; but those are examples of tasks conducted in a successful program operating in Hennepin County.

This is the Hennepin County Restitution program which began in April, 1980 as a cooperative effort between two Hennepin County Departments, District Court Probation and the Community Services Volunteer Unit.

The program was established in order that probation staff and District Court Judges could evaluate and select offenders to do community service work as a condition of their probation and as an alternative to financial restitution. Offenders are selected who probation officers consider to be appropriate in a community setting; screening out anyone who could be considered dangerous to the community.

The crimes that they are convicted of range from burglary to "speedometer spinning", welfare fraud to prostitution.

Con't on Page Five

HELP FOR RAPE VICTIMS

The Rape and Sexual Assault Center provides immediate and long term help to victims and other concerned persons through crisis phone or outreach counseling available 24 hours a day by calling 825-HELP, walk-in counseling offered during the Center's week-day and evening office hours, and support groups or long term counseling by appointment. For adult victims whose cases come to the attention of the Hennepin County Attorney's office, a Rape Center staff person at the Government Center acts as a legal advocate for the victim. Medical advocacy to Hennepin County Medical Center, North Memorial Hospital, Fairview-Southdale Hospital, and Methodist Hospital is available. Inservice training for agencies and a speakers bureau that does extensive public and community education concerning rape and sexual assault are other ways the Rape Center attempts to dispel myths about rape and sexual assault. The crisis services are offered free of charge. All information is kept confidential.

Volunteers To Get Credit

Volunteer staff provide an important part of the services offered by the Rape and Sexual Assault Center. The agency currently has sixty volunteers providing a wide range of services. The Center has made arrangements with the Metropolitan Community College to provide college credits for its volunteers. Effective July 1, 1982, credits will be available in the areas of counseling, interviewing, public speaking, community education and small group facilitation.

WORDS

The Lord's Prayer has 56 words. Lincoln's Gettysburg Address has 266. The Ten Commandments have 297. The Declaration of Independence has 300. And a recent United States Government order setting the price of cabbage has 26,911.

THE CARROT OR THE STICK, WILL COERCIVE TREATMENT WORK?

By: Robert H. Robinson

You might ask what does coercive treatment have to do with the old fable about the Jackass that worked better with the carrot hanging in front of him than he did being beaten with the stick. In the first place, what is the definition of coercive? Our understanding is that coercive means forced, in the context of what we are discussing. In this case we are focusing on the treatment for chemical dependency, both institutionally and in community corrections.

Many so-called leading authorities on corrections have put forth the theory that "coercive treatment" does not work. Some of the academic experts made considerable changes in views they had previously held regarding treatment in the institutional setting. The general opinion of the Anti-treatment theorists was that inmates in penal institution could not, and should not, be forced into treatment, or educational, programs against their wills. Even holding parole, or other early release, out as a carrot was not supposed to be effective, and some opinions alleged that such practices might be illegal.

In Minnesota, under the old indeterminate sentencing law, men with obvious chemical dependency problems were led to believe that involvement in a chemical dependency program could influence the releasing authority toward an early parole. The early parole being the carrot, and some people claimed that this is coercive treatment. The claim was also made that treatment under such circumstances was not effective because you cannot force medicine down someone's throat. We say that as long as you get the medicine into the person, there has to be some positive effect.

Nobody, with half an ounce of sense, is going to have continuous exposure to a treatment mode, be it a therapeutic community confrontation, alcoholics anonymous group discussion, one-on-one counseling, Transactional Analysis, Gestalt, or whatever, without having some osmosis taking place. That person, after so many days, weeks, months, and even years, of any kind of therapy has got to have some of the ideas put forth rub off. If he can hear and see anything at all, he has to put some thought process into action, and even if most of his reaction is negative, he still has to start thinking about his pro-

blem. Even if he really does not have a chemical dependency problem, per se, there has to be something that caused the action that put him behind bars.

Some of the latest statistics show that up to 65% of all inmates, nationally, were under the influence of some kind of mood altering substance at the time of their crime. We don't know what the actual figure is in Minnesota at the present time because this state stopped keeping these figures a couple of years ago.

Now that Minnesota no longer has the indeterminate sentencing, with the parole board as the releasing authority, there is going to be a need for a new kind of carrot, or forced therapy, or "coercive" treatment. Some individuals are going to have enough foresight to realize that they badly need some kind of help, regardless of the type of problem, and these individuals are going to seek out whatever help is available. But, unfortunately, the majority of those that need treatment are going to need the incentive of some more practical reward.

At a recent departmental meeting concerning the need for more treatment for sex-offenders, Doug Applegren, Director of the Atlantis Program, put forth the proposal that the initial classification of the new inmate could determine the need for treatment. Then the new inmate could be induced into whatever the treatment he needed by holding out the promise of better work assignments or more education benefits, in other words; the more that the inmate does for himself, the bigger the carrot.

Jim Estelle, Director of Prisons, State of Texas, has been using this technique for several years. Estelle oversees eighteen camps and prisons, containing over (30,000) thirty thousand inmates and still finds time to speak out on chemical dependency. He is the non-alcoholic member of the Board of Trustees of Alcoholics Anonymous. Almost every new inmate arriving in the Texas system is given an evaluation for chemical dependency and if he is found to be an abuser, he is given some options. Sort of like a proposal "you can't refuse". Texas has a very tough farm system, and some good paying jobs in factories. If you are evaluated as being chemically dependent you are given some choices for treatment,

and if you refuse any kind of treatment or therapy you are not given any choices as to assignment.

We, in community corrections, are going to be given some help from the department in regard to sanctions. Men coming out on supervised release are going to be directed to report to some form of treatment facility for a specified length of time. If they do not report they will be considered in violation of their supervised release. This will probably be tested in the courts, and if it doesn't stand up, the whole concept of supervised release may have to be modified by the legislature.

Anyway you look at the problem, there is, and will be a need for the "carrot or the stick, or "coercive" treatment or whatever you want to call it.

VOLUNTEER - con't from four

After offenders are ordered to perform community service, they are referred from District Court Probation to the Department of Community Services. There they meet Bob Roos, who is the Director of Community Services Restitution Program, since its inception, Roos studies the individual's background and interests and then conducts a typical volunteer intake interview. He then considers his list of possible project sites and attempts to find a good match.

A volunteer on Roos's staff monitors the offenders progress tracking their hours. The hours depend on the fine which was levied by District Court, the fine is converted into hours versus the minimum wage as a pay scale. If offenders fail to perform their assignment, they risk facing the original sentence.

Typical community service projects are working in nursing homes, park and recreation areas, senior citizen centers, schools for handicapped children and daycare centers.

The program has a mutual benefit to both the offender and the community. The community receives services and the offenders can view another side of life; a view of other people and their problems, rather than centering on their own.

Since its beginning thirteen months ago, the program has had a 95% completion rate and provided \$15,000 in services to the community.

Happenings

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The opinions expressed in the Happenings are those of the contributing writers. Readers are encouraged to respond to the content of this newsletter and to write on topics of interest to its readers. The staff reserves the right to edit submitted articles. Copy deadline is the 25th of odd-numbered months. **Members of the newsletter committee are:**

Dale Fisher
Hennepin County Court Services
Editor

Jan George
Wilder Community Assistance Program

Mary Headlee
Operation DeNovo

Mia Olsen
Genesis II for Women

Willie Allen
Bremer House

Bea McCormick
University of Minnesota

Liz Tellers
Freedom House

Karole Williams
Operation DeNovo
MCCA Board Liasion

We would also like to thank the men in the print shop at MCF-STW for their help and assistance in putting out this newsletter.

NOTICE

If you are not a current member of the MCCA this will be the last issue of the Happenings to be mailed to you. We are updating our mailing list and only active members will receive the newsletter. If you wish to continue to receive the Happenings, please fill out and return the membership form on page 3.

MCA CALL FOR AWARDS NOMINATIONS

The Minnesota Corrections Association is issuing a call for persons working in corrections to submit nominations for their annual corrections awards.

The three award categories are Corrections person of the year, Professional Achievement and President's Awards. Individuals and programs do not need to be members of MCA to be nominated. The awards will be presented at the 1982 Fall Conference on October 25, 26, and 27. For additional information contact Carole Smith, 784 Kenwood Lane, St. Paul, MN. 55117 (612/772-1820) or Audrey Bakke, 430 Metro Square, St. Paul, MN. 55101 (612/296-8625).

Deadline for receipt of nominations is *July 26*.

POSITION AVAILABLE NIGHT MANAGER

Freedom House. Includes room & board. Call Dean Jenson 827-3300.

MINNESOTA COMMUNITY CORRECTIONS ASSOCIATION
666 Marshall Avenue
St. Paul, MN 55104

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