

Happenings

Minnesota Community Corrections Association

MCCA Winter Conference - Approaching the millennium

A new decade...approaching the millennium...Community Corrections into the 90's. The 1990 Annual Winter Conference will look ahead to what is in store for us in the field of corrections. How do we integrate the rapid advancements in technology?

The Conference is scheduled for February 8 - 9, 1990, at Wilder Forest. Futurist Nelson Otto will set

the stage for an exciting conference which will look to the future as well as give us plenty to think about today. On Friday morning **Louellen Essex** will discuss boundaries in the workplace and how we can maintain personal and professional relationships. Dr. Essex has been a very popular speaker and we are privileged to have obtained her for this event.

The "big finish" for the conference on Friday afternoon will feature a panel of local media moguls who will discuss our relationship with the media.

Futurist to keynote conference

Nelson Otto will give the opening presentation at the 1990 Annual Winter Conference on February 8, 1990. No stranger to human services and corrections, Otto combines his expertise in the behavioral sciences and study of the technical developments today to predict the future changes.

Nelson R. Otto, Ph.D is President of Visionary Management, a firm that specializes in the study of change, organizational development and strategic planning.

The mission of Visionary Management is to assist organizations and individuals to understand, manage and anticipate change, leading to the creation/development of positive visions for the future, and to translate these visions into innovations that produce positive future results.

Dr. Otto is an adjunct faculty member of the University of Minnesota, and a part-time faculty member of Mankato State University.

As a management consultant,

facilitator and change agent, Nelson is particularly interested in ways/means that organizations and people within those organizations respond to the ever-accelerating rate of change. Understanding and Managing Change, Planning and Implementing Change, The Art of Enlightened Negotiating Skills, Teamwork, Visionary Thinking and Innovation, and Management in the '90s are just some of the programs that he has developed for his clients, who range from the Fortune 500 to small entrepreneurial businesses, schools and governmental agencies.

He has an undergraduate degree in psychology. His graduate work was done at the University of Minnesota where he obtained a Master of Arts and Ph.D. in Administration with a supporting field in Future Studies.

Nelson is still an avid hockey player, sometimes-serious cross-country skier, sailor, bicyclist and has a small old time resort in northern Minnesota.



Nelson R. Otto, Ph.D.

John Mitchell receives Konopka Award

The director of a Minneapolis youth-serving agency who enjoys working with youngsters because "I feel like a big kid myself," has been named the 1989 recipient of the Konopka Award for his help to distressed young people.

John N. Mitchell, Jr., Executive Director of Katahdin Workshops for Youth and Families, is the sixth recipient of the annual award, presented "to recognize outstanding, humane and creative treatment of troubled youth in group living situations."

Mitchell, a member of MCA, is a former member of the MCCA Board of Directors.

An important factor in Mitchell's selection was his "long history of excellence in working with youth," said Richard J. Potter, chair of the selection committee and a board member of the Minnesota Citizens Council on Crime and Justice, administrators of the award. "John impressed us with his philosophy that troubled youth can change," Potter said.

Mitchell said the key to helping young people is perseverance. "My biggest enjoyment is getting kids in this program who have been labeled 'unworkable' everywhere else — then helping them come out feeling comfortable with themselves and able to see themselves realistically and make responsible decisions."

Mary Fitch, chair of Katahdin's Board of Directors, attributed the success of the youth program to Mitchell's direction. "He is very sensitive to fair and equal treatment," she said. "He treats people with esteem, and that, in turn, builds their self-esteem."

Mitchell joined Katahdin in 1981 as Program Director and became Executive Director the following year. Previous experience includes the Hennepin County Court as an aide, the Hennepin County Detention Center, Harambee: a group home for male minority offenders, and the Serious Juvenile Offender Program of the Minnesota Department of Corrections.

The Konopka Award is granted annually to honor Gisela Konopka, Professor Emeritus of the University of Minnesota and founder of the Center for Youth Development and Research. In 1987, Ms. Konopka received the A.A. Heckman Community Service Award for contributions in her field. Konopka, 79, is the author of nine books including The Adolescent Girl in Conflict, Young Girls: Portrait of Adolescence, and the autobiographical Courage and Love, which describes life in Europe under Nazi domination and has been nominated for the Minnesota Writers Award.

"We want children to feel our respect for their uniqueness and the wonderful contribution everyone can make to society," she has said. "Dignity and hope are the two most critical ingredients we can instill in young people."

Recipients of the Konopka Award, which carries a \$1,000 honorarium, are selected by the Citizens Council, a private not-for-profit organization which has worked for 32 years to help the community deal with the causes and consequences of crime and delinquency. Its holistic approach extends to research, law-related education, mediation between victims and offenders and community work placement for court-referred offenders. It provides direct services for 10,000 people annually, including crime victims and families of inmates.

Previous recipients of the Konopka Award are Jan Berry and Carl Wicklund in 1984; Sister Helen Louis Roth, 1985; Cyril Murphy, 1986; Jeffrey Berg and Wayne Karlsrud in 1987; and William A. Martin, 1988.



Patt Adair

Adair returns to MCF-Shakopee

On 11/1/89, Patt Adair assumed her duties as Assistant Superintendent at MCF-Shakopee. She started her career in 1977 at Shakopee and for the next several years worked at various manager positions. She was closely involved for five years in the planning of the present institution. Two weeks prior to its opening she left to assume the position of Executive Director at Genesis II for Women.

Patt said, "While change is always hard," she's glad to be back at Shakopee. Returning is like "coming home." In her new position, she is responsible for "security and control" which is a major change, since historically she has always been a "program person." However, she still sees herself involved with inmates, but on a more informal basis.

Patt is facing many challenges in her new role. She said MCF-Shakopee was built at 130 women capacity. At present there are 160 women, making the conversion of wing lounges into sleeping quarters necessary. Increased population also means less privacy, space, and staff-inmate time, all of which can contribute to increased friction among the inmates. To relieve some of the overcrowding, there has been restructuring of the work release program and a proposal to build another living unit. In the long term, Moose Lake is being reviewed as a possible minimum security facility.

At present, Patt is trying to adjust to the institution changes, review policies and procedures and provide for the safety of the inmates and staff.

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Minneapolis, MN. 55404

We want you to know...



We have arrived at our Conference issue once again. The year since our last Conference issue has flown by and 1990 is knocking. After our New Year's revelry, it will be time to review a decade and plan the next.

One mission (or resolution) I'd like to suggest is to participate in our "active" efforts to let the public know who is in Community Corrections and what you do. MCCA will be spearheading a plan: a movement to educate the general public to engender support and reduce fears (of the unknown). Join us.

- Tell one acquaintance what you do.
- Write one elected official on your views of corrections, tell of your successes and the system of failures.
- Notify news agencies when you see/hear/read biased reporting. Force them to tell both sides of a story. Also, praise in words and writing those

sensitive, balanced reports you see.

•Be brave, write an editorial about your job and educate someone.

These assignments/suggestions are not only for administration or Board Members, but for everyone. This should be a "Grass Roots" movement to be "real."

One last assignment in 1990: do join one MCCA committee. Contribute a little to get back a lot.

Laura Sissala
MCCA President

Just the fax

Listed below are Fax numbers for various Hennepin County offices.

- Adult Corrections Facility 475-4266
- Bureau of Community Corrections (C23) 348-6488
- County Home School 934-8780 (This number is temporarily tied to their TDD, please call before sending anything.)
- Juvenile Detention Center/ Probation 348-6992
- Misdemeanor/Felony Probation (All) 348-6459
- Parole & Victim Services 348-8897
- Psychological Services 348-3452

MINNESOTA COMMUNITY CORRECTIONS ASSOCIATION

650 Marshall Avenue
St. Paul, MN. 55104

NAME: _____
PROGRAM AGENCY: _____
WORK ROLE: _____
WORK PHONE: _____
ADDRESS: _____
ADDRESS SHOWN IS:

_____ HOME	INDIVIDUAL MEMBERSHIP	_____ \$15
_____ WORK	PROGRAM MEMBERSHIP	_____ \$120
	STUDENT/VOLUNTEER MEMBERSHIP	_____ \$10

MAKE CHECKS PAYABLE TO MCCA

Geese Theatre Company

On October 13, 14, 15 and 16th the Geese Theater Company, with John Bergman, the artistic director, presented a series of workshops and performances for both professionals in the field of corrections and sexual abuse treatment and to clients.

The Geese Theater Company is a national touring company based on New Hampshire that has worked the past nine years primarily in corrections and more specifically, in prisons. On Friday, October 13, 1989, they did a performance at the Minnesota Corrections Association's Annual Fall Conference. The performance was well received and concluded with a standing ovation from the audience. The performance focused on the difficulties experienced by men when they leave prison and attempt to reenter day-to-day society.

On Saturday, October 14, 1989, the company presented two half-day workshops: a morning and an afternoon session working with adult male sex offenders currently in outpatient treatment. Clients from four different outpatient programs participated in these workshops. The workshops focused on the use of exercises and drama techniques designed to help clients be more aware of and in touch with a variety of different feelings. Exercises also helped the men become desensitized to the issue of touch and to become more physically active, thus helping them break an ingrained pattern of intellectualizing their thoughts and feelings. Several of the techniques used were very effective in helping men get in touch with their anger by putting them in situations that required them to express and experience their anger versus simply talking about it as they might normally do in day-to-day conversation or often in treatment. The techniques were effective in that they were challenging without being harsh or confrontive. An example of one of the techniques used involved asking three men to engage in a role play where they were at a cocktail party, adopting the role of one of the parents. The purpose of the role play was to ask them to discuss how they would see themselves

through their parents' eyes. For several men, the technique got them in touch with a level of anger and pain around their relationship with their parents that they were then able to work with more directly.

Saturday evening the Company presented a performance depicting the cycle of physical and sexual abuse through three generations. It was a very powerful and explicit performance that, as several men reported, affected them in a way that they did not imagine. One of the benefits of this performance is that men were able to get in touch with their empathy for not only their own victimization, but for the victimization of others.

On Sunday the Company worked an all-day workshop at the County Home School with adolescents in the residential program.

On Monday, October 26, 1989, the Company presented an all-day workshop for professionals in the field of corrections and sexual abuse treatment. The day was spent teaching the techniques that the company finds most effective in working with clients. The techniques began with less threatening and more playful techniques such as asking the entire group to stand on newspaper spread out on the floor. This was an easy task until the size of the space occupied by the newspaper was decreased, forcing the group to be more creative and form a much closer group. It also required some people to be actually lifted off the floor to decrease the amount of space needed for the group. Other exercises included a pretend tug-of-war and a number of exercises involving touch. In the course of teaching these exercises, John Bergman illustrated his theoretical model which includes working with affect and cognition, masks, the picture that the perpetrator often sees himself as the victim and inner person or "chaos" box that is often most difficult to access, but actually holds the depth of feeling that most offenders are unable to reach.

John Bergman states that he uses the drama and the play techniques to help men get beyond their victimization to understand the mask that they use to

hide their inner self and to ultimately gain access to the "chaos" box.

The Company uses drama techniques, physical exercises involving role play and touch and exercises the focus on physical movement and problem solving to enhance clients' flexibility in expressing emotion. The techniques are also useful in helping clients bypass ingrained cognitive defense mechanisms that are employed during more traditional "talk therapy."

Geese Theater Company was first in Minnesota in the fall of 1988 at the Association of Sexual Abuse Professionals' Fall Conference of Male Victims and Offenders. The Association co-sponsored this four days of having Geese Theater perform and do workshops. The co-sponsors were Alpha Human Services, Five County Mental Health in Braham, Minnesota Department of Corrections-Oak Park Heights Treatment Unit, the Program for Victims of Sexual Assault, Project Pathfinder, and the School of Social Work at the University of Minnesota.

Steve Sawyer
Project Pathfinder

This business could kill you!

Anything can happen at an MCCA Conference...even MURDER. On Thursday afternoon and evening, conference participants will be given the chance to play detective and try to solve the mystery as it unfolds. Join your teammates in watching for clues and questioning the suspects. At the end of the evening, each team will have the opportunity to solve the crime: whodunit, how and why. And this crime will pay handsomely for the best detectives. Each member of the winning team will receive a personal stereo radio headset.

The rest of the evening will involve sociability, music and games. The relaxed atmosphere of Wilder Forest contributes to the informal enjoyment of your evening at the conference.

1990 MCCA Board Nominees

PATT ADAIR is currently the Assistant Superintendent at MCF-Shakopee. She was the Executive Director of Genesis II from 1986 to 1989. Prior to that, she was at MCF-Shakopee for seven years as Director of Programs. Patt is a past President of MCA and MAWCJ and has served on the MCCA Board of Directors since 1986.

DIANNE BINNS is a Probation Officer with Hennepin County. Prior to that, she was with MCF-Stillwater for six years. She was the Program Director for the Survival Skills Institute for Young Adolescents. Dianne has served on various boards and is currently the Vice-President of NABCJ. She is a member of both MCA and MCCA.

BRUCE CLENDENEN is the Director of Development of Reentry Services where he has worked since 1976. Bruce has been a long-time member of both MCA and MCCA and has been on the MCCA Board of Directors since 1986.

DAVE CONDE has 13 years experience in Corrections. He is currently employed with Ramsey County Community Corrections, Adult Courts Division. Dave's past experience includes service with Ramsey County Juvenile Probation and Project Remand. He is a member of MCCA and MCA.

BOB ELKINS started in Corrections in 1963 at MCF-Red Wing. Since 1974 he has been the Supervisor of adult agents in Hennepin County. Bob is a member of MCA and has served on the MCCA Board of Directors since 1982.

BARB EMER has been the Program Director of 180 Degrees for the past eleven years, starting there as a counselor in 1976. She has been a member of MCA and MCCA for twelve years and has been on the MCCA Board of Directors since 1986.

LISA ROBERG has been with Reentry Services for the past three years. Currently she is a Case Manager at Reentry West. Lisa is on the MCCA training committee and acts as Coordinator for MCCA's monthly

training sessions.

STEVEN SAWYER has worked with adult male sex offenders for seven years and is currently the Assistant Director of Project Pathfinder. He has also worked at the University of Minnesota Program in Human Sexuality. He is a member of the Association of Sexual Abuse Professionals and a recent member of MCCA.

SHAREN SOUTHARD has been a Juvenile Parole Officer at Hennepin County for seven years. Prior employment includes the City of Minneapolis in Community Crime Prevention and Project CADRE. She has served on the MCCA Board of Directors since 1988.

BODO SUEMNIG has been the Program Manager for the Washington County P.L.A.C.E. Programs for five years. He has a total of 26 years with Washington County working in a variety of positions including Director of Court Services. Bodo is a recent member of MCCA and in the past has served on the Board of MACCAC.



Louellen Essex, Ph.D.

Do you sometimes feel that work has become your whole life and there's no way out? Do you feel pressure from others in your work setting to be highly loyal, work long hours, socialize extensively with those you work with? **Warning: These patterns may be hazardous to your organization's health as well as your own.**

This session will focus on the dynamics of organizations that become closed systems, losing their professional and social contact with the outside world. Specific topics will include: characteristics of the progression from open to closed group dynamics, individual response to the closing of group systems, and specific strategies for keeping systems open to new ideas and people.

Dr. Louellen Essex is a training and organizational development consultant specializing in communication, team building and conflict management. In addition, she is a member of the faculty at the College of St. Thomas in St. Paul, MN. She holds a Ph.D. from the University of Minnesota where she studied administration, psychology, and communication. For the past eleven years, she has worked extensively as a consultant to private industry, government, health care organizations, and educational institutions. In 1988, Dr. Essex received a Professional Excellence award from the Southern Minnesota Chapter of the American society for Training and Development.

Conference gets a boost from sponsors

For the first time the MCCA Annual Winter Conference has obtained financial support from several of our member organizations and others. This sponsorship has made possible an improved program and activities for the conference.

180 Degrees and Mitsubishi Electric Sales are sponsoring Nelson Otto, keynote speaker. Mitsubishi Electric Sales is a supplier of visual-electronic surveillance equipment. Genesis II for Women and Wilder Community Assistance Program are co-sponsors of the presentation by Louellen Essex. ReEntry Services and Link are providing funds for the headphone radios which will be the prizes in the detective contest on Thursday evening.

Arrowhead Regional Update

Since the Spring of 1987, Hibbing Technical College, in cooperation with Arrowhead Regional Corrections, has been offering "Expanded Life Choices," a personal and career development program for women offenders. A three-year grant from the State Board of Vocational Technical Education, from single parent/homemaker funds, has enabled HTC to provide tuition, materials and mileage for more than 160 students. The majority of referrals for this 60-hour class come from probation officers and restitution coordinators; most attend voluntarily, though many are court-ordered. Women at the St. Louis County Jail recently completed a shorter program focusing only on personal development issues; it is expected that a group will begin at Mesabi Work Release before the end of 1989.

Women who participate in "Expanded Life Choices" try new ways to communicate and make decisions; increase their self confidence; learn about community resources; make plans for reaching personal and education or work goals; assess their work values, interests and abilities; and recognize more options from which to make choices. Class topics include Building Self Esteem, Money Management, Changing Lifestyles, Role and Responsibilities, Communication and Assertiveness, Change and Decision Making, Handling Stress, Career Investigation, Job Search and Applications, Work/Family Issues, and Preparing for Work or School.

Mothers of juvenile offenders, women whose spouses or partners are on probation or incarcerated, and women from the community at large also have enrolled.

Hibbing Technical College is now customizing the basic curriculum to more specifically address the needs and concerns of women offenders. With funding from the State Board of Vocational Technical Education and the MN Department of Corrections, background information, goals and objectives, student activities and guides to community resources will be

prepared in school year 1989-90. Additional educational units will include dependencies and other health issues, family violence, living in and working within systems, and support and transitions.

The curriculum is being designed for use in both educational institutions and correctional facilities, with groups as well as one or two individuals. Training and in-services for education and corrections professionals will begin at pilot sites in 1989-90.

For more information, contact Toni Nemanick, Female Offender Projects Coordinator, Hibbing Technical College, 2900 East Beltline, Hibbing, MN 55746. Phone: (218) 262-6185, or in MN: (800) 433-9989.

MAWCJ report

The dinner meeting held 11/7/89, was well attended with many new and returning members. Cheryl Ford graciously agreed to be "pinch-hit" speaker when our scheduled speaker had to cancel the day of the meeting! Cheryl did an excellent job renewing our sensitivity and hope in working with offenders.

Our next dinner meeting is 1/17/90, at Dixie's, 695 Grand Avenue, St. Paul. Reservations can be made through Nancy Halverson at 348-4771 by January 15.

VOA house arrest

The Volunteers of America has entered the community of service vendors for house arrest electronic monitoring. The system selected is Contrac Voice Verification which is vended by BI, Inc of Boulder, Colorado. The system was decided upon because of its record of effectiveness and the comparatively low cost of equipment. We believe it is important to be able to pass on these low costs to jurisdictions and clientele for obvious reasons. For example, the cost for Voice Verification only calls to a client cost as little as three dollars a day. For voice verification calls plus staff visits to home and work, it costs as little as five dollars per day.

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The House Judiciary Committee, Minnesota Legislature, has prepared a list of federal and state grants for developing community service programs and other sentencing options. A description of each grant program is provided along with the agency contacts. Counties are encouraged to take advantage of these resources.

To order a free copy of the document, call or write: Grant and Assistance for Community Service Programs, State Planning Agency, 658 Cedar, St. Paul, MN 55155. Phone: (612) 296-7819.

VOA continued...

The technology is activated by clients doing a voice template. The computer records their voices for use in identifying the clients when calls are made to them at their residence. The computer automatically schedules random calls throughout the curfew period. Another nice feature of the system is that there is no hardware involved, such as equipment placed in the home or worn on the body of the client. Whenever a violation occurs, such as when a client cannot be identified, a signal is sent to the "pager" of the officer in charge. A manual investigative phone call is subsequently made to the client to determine facts about the violation.

We are pleased with the system. We have experienced good results with clients on the system within the metro area as well as the out-state area. The number of clients on the system is expanding weekly and we expect this trend to continue as judges, attorneys, administrators and parole officers contact us.

If you would like a brochure, please contact us at 721-6327. We will be happy to send you one.

MCCA welcomes new members

We warmly welcome the following New members to the Minnesota Community Corrections Association:

Anoka County has been a Community Corrections county since 1976. As a result of our years in community corrections, we have been able to expand beyond the traditional scope of Parole and Probation services.

In the past two to three years, Anoka County has been increasing the number of outpatient treatment and educational programs available to the offender. Additionally, an alternative to jail is provided in a 200-bed residential program. More information can be obtained by calling 421-4760, ext. 1630.

New Visions Programs, Inc., 2605 Second Avenue South, Minneapolis, MN 55408. New Visions is a primary residential facility for chemically dependent Native American people. Their goals include learning to achieve serenity through abstinence and spirituality. Based on the Twelve Steps of AA, the staff of Indian professionals offer culturally specific treatment according to Rule 25. Complete physical and psychological assessment are provided. Their number is 870-0441.

Dakota County joined community corrections in July, 1989. John Rowe was appointed as community corrections director. A major change resulting was the addition of an adult felony unit, formerly state agents. Due to growing numbers of offenders, additional staff have been added to the new Community Corrections Department.

As a newly hired manager of the adult section, Anne McDiarmid has been involved in planning for new services in 1990. Judy Klein remains as manager of the juvenile section. Additionally, Tim Cleveland and Phyllis Grubb are newly hired supervisors in the adult section, and Tom Adkins was promoted to supervisor of the juvenile unit.

The state agents who joined the Dakota County staff are: Don Benson, Eric Ellestad, Gary Esler, Dave Lilja, Anita Kennedy, Dave Mikle and Randy

Shimizu. Newly hired in the adult section are: Lou Griskey, Mark Mehl, Natalie Nelson, Kristin St. George, John Selvig, Mary Cardinal, and Paul Lewis.

Joining the juvenile section as new probation officers are: Barb Bauer and Katherine Klatt.

Change continues to occur in Dakota County Community Corrections almost daily. The annual staff retreat in October at Wilder Forest was a great help in allowing the staff to become acquainted and plan together for improved correctional service.

Conference Workshops

DNA Fingerprinting — The Forensic Investigation and Use as Court Evidence. DNA is rapidly becoming one of the most successful, yet controversial, tools available for the prosecution of crimes against persons. In this workshop, **Jim Iverson** of the Minnesota Bureau of Criminal Apprehension and **Steve Redding**, Assistant Hennepin County Attorney, will discuss the technological advances in DNA testing and the admissibility of such evidence in court proceedings.

Jim Iverson is a graduate of St. Olaf College. For the last eight years he has worked for the BCA as a Forensic Scientist in the Serology Department.

Steve Redding is a prosecuting attorney for the past twelve years in Muskegon, Michigan, Dakota and Hennepin Counties. He was the prosecutor for the State v. Thomas Schwartz case in which DNA testing is being presented as evidence.

Satanism as a cult is real and present in our community. **Sgt. Jon Hinchliff** will present evidence gained from extensive police experience that satanism does exist and is having an impact on people in this area. Sgt. Hinchliff has been a member of the Minneapolis Police Department Special Investigations Division for two years, where he has developed expertise in the area of satanism. A 21-year veteran of the police department, he also served for eight years in the homicide division. He

has received over sixty hours of training nationwide in satanism and is currently coordinator for services and intelligence regarding satanic cult activity.

Program Evaluation in the '90s.

More and more programs are feeling the pressure to conduct evaluations to determine how good we really are. What are some of the ways that agencies can accomplish this? What are the research trends for the future? This workshop will look at these areas and give practical ideas on how to get staff invested in the process, instead of resisting it. Find out how program evaluation can be tailored for your program and how it can be beneficial even before the final analysis is complete.

Workshop presenters will be Anita Kolman and Steve Mayer. **Anita Kolman, Ph.D.**, has been employed as a Research Scientist at the Wilder Research Center since 1984 and has taught at Augsburg College and the University of Minnesota. **Steve Mayer** is Founder and Director of Rainbow Research, an organization working with nonprofit agencies that want to improve their effectiveness.

Acupuncture in Treatment of Cocaine Addiction. Hennepin County Chemical Health Division is presently involved in a unique, non-traditional method of treatment specifically designed for treatment of cocaine addiction. The workshop will define methods and techniques being used in this new program, including relaxation techniques, imagery, realistic description of the addiction pathology as well as the pathology of recovery combined with acupuncture treatment. There will be time for acupuncture demonstration and dialogue.

Peggy McGinley, CCDP, is a Minnesota native with 11 years experience in the field of alcohol and drug rehabilitation. She is presently employed at Hennepin County in a Cocaine Intervention Program. In addition, she is in private practice in counseling in St. Paul.

Patricia Klucas, R.N., Dipl. Ac., is a National Board Certified Acupuncturist who received her training in Minneapolis in general acupuncture, **workshops ...continued page 8**

workshops continued...

and then was trained at Lincoln Hospital, Division of Substance Abuse, located in the South Bronx, New York City, to do detox acupuncture. She has been working with Hennepin County for four years in the **Outpatient Acupuncture Program in Chemical Health.**

Panel: Corrections and the Media. In a time of increased concern for crime and corrections, how we as professionals relate to newspaper, TV and radio reporters is critical. **Gary Stern** will moderate a panel of local media persons who will dialogue with the audience on how to interact with the media, what to do when the media arrives, how to be proactive versus reactive and how to form a positive rapport with the media.

Gary Stern is Project Director of the Non-Profit Communication Center, a division of Management and Support Services of Amherst Wilder Foundation.

Cichosz on the road

I am a tour taker. Whenever I'm offered the opportunity to see other correctional facilities, I jump at the chance. Seeing and getting the feel of on-site people and buildings can't be communicated by a workshop or seminar. When the organizers of the Third National Workshop on Female Offenders proposed a tour of the State Correctional Institution at Waynesburg, Pennsylvania, that was right up my alley.

The facility is located in the rolling hills of Pennsylvania about fifty miles from Pittsburgh. There is no bus service and, although inmates are allowed two visits per week, even the most devoted family members would find it tiresome to travel the winding country roads, especially in the Wintertime.

Built to house 144 women, this minimum security institution is currently serving 197, dormitory style with no single, private rooms. Inmates are allowed to decorate their part of the dormitory to their personal tastes, within reason. "We see a lot of pictures," is how it was explained to me. The age range is from eighteen years on up, with the average

stay of eleven months to one year. While there, the women can be trained in machine shop, carpentry, cosmetology, computer use, and can get a college degree through a cooperative agreement with the Department of Education. Inmates are paid for jobs, such as in food service, which pays 17-38 cents per hour, but there aren't enough jobs to go around.

When we were there, it was a warm, sunny day and many of the inmates were outside on the green lawns trying to get a tan. The inmates are allowed to wear their own clothes. Recreation includes a gym equipped with weight-lifting equipment, aerobics classes, an artist-in-residence program for drama and the visual arts, and a smaller room for table games.

As expected, there is a high percentage of chemically dependent women. AA groups are provided, but there is currently no NA group. A psychiatrist comes in monthly, a psychologist more frequently. There is no provision for having children visit overnight or for parenting training.

The Fourth National Workshop on Female Offenders will be in 1991 in Washington, D.C. The tours have not been announced.

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